

## Health History Information

Surgeries \_\_\_\_\_

Major illnesses/ hospitalizations \_\_\_\_\_

Injuries or accidents still affecting you \_\_\_\_\_

Please mark any of the following conditions you are currently dealing with, or have dealt with in the past. Mark with a **C** for Current, or **P** for Past. Please use the space next to each item for details when applicable. Leave blank if it doesn't apply to you.

\_\_\_ tendonitis \_\_\_\_\_  
\_\_\_ bursitis \_\_\_\_\_  
\_\_\_ arthritis \_\_\_\_\_  
\_\_\_ broken bones \_\_\_\_\_  
\_\_\_ osteoporosis \_\_\_\_\_  
\_\_\_ sprains/strains \_\_\_\_\_  
\_\_\_ carpal tunnel \_\_\_\_\_  
\_\_\_ disc problems \_\_\_\_\_  
\_\_\_ whiplash \_\_\_\_\_  
\_\_\_ chronic tension headaches \_\_\_\_\_  
\_\_\_ migraines \_\_\_\_\_  
\_\_\_ head injury \_\_\_\_\_  
\_\_\_ heart condition \_\_\_\_\_  
\_\_\_ blood clots \_\_\_\_\_  
\_\_\_ varicose veins \_\_\_\_\_  
\_\_\_ high/ low blood pressure \_\_\_\_\_  
\_\_\_ sinus problems \_\_\_\_\_  
\_\_\_ allergies \_\_\_\_\_  
\_\_\_ asthma \_\_\_\_\_  
\_\_\_ emphysema \_\_\_\_\_  
\_\_\_ other \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_ rashes \_\_\_\_\_  
\_\_\_ athletes foot \_\_\_\_\_  
\_\_\_ psoriasis/eczema \_\_\_\_\_  
\_\_\_ ulcers \_\_\_\_\_  
\_\_\_ irritable bowel syndrome \_\_\_\_\_  
\_\_\_ chronic constipation \_\_\_\_\_  
\_\_\_ kidney infections/disease \_\_\_\_\_  
\_\_\_ crohn's disease \_\_\_\_\_  
\_\_\_ fibromyalgia \_\_\_\_\_  
\_\_\_ cancer/ tumors \_\_\_\_\_  
\_\_\_ stroke \_\_\_\_\_  
\_\_\_ diabetes \_\_\_\_\_  
\_\_\_ hepatitis C \_\_\_\_\_  
\_\_\_ chronic fatigue \_\_\_\_\_  
\_\_\_ suppressed immune system \_\_\_\_\_  
\_\_\_ insomnia \_\_\_\_\_  
\_\_\_ depression \_\_\_\_\_  
\_\_\_ anxiety \_\_\_\_\_

For women only:

\_\_\_ endometriosis \_\_\_\_\_  
\_\_\_ fibroids \_\_\_\_\_  
\_\_\_ pregnancy \_\_\_\_\_

I have stated all medical conditions that I am aware of and will update my therapist of any changes in my health. I understand that massage treatments are my personal financial responsibility and I agree to pay for these services at the time of treatment unless other arrangements have been made. I will provide **Caroline Brady LMT, with at least 48 hours notice if I need to cancel or reschedule an appointment. I understand that I will be charged in full for any appointment broken with less than 48 hours notice.**

Signed \_\_\_\_\_ Date \_\_\_\_\_